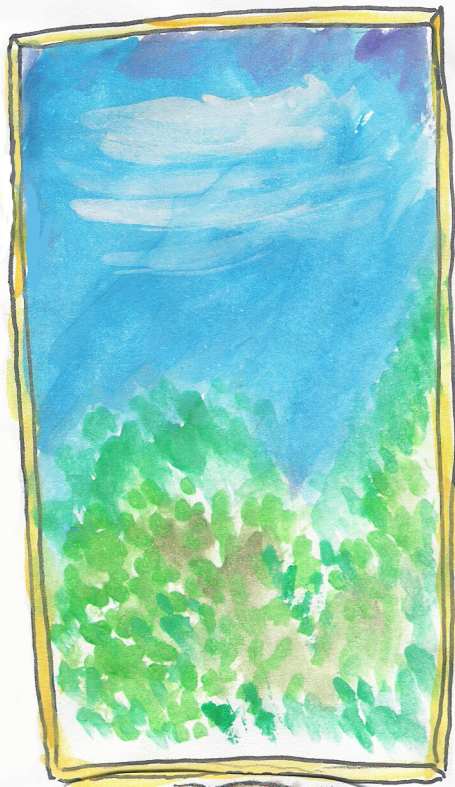


Hermerigshig



Woof

♡



INTRO

Welcome to the 8th issue of my zine,

TSEMERIGSHI.

Winter is officially over and

spring is upon us, with its hot

days and cold nights,

my birthday is only a few days away, I'll be 35 on 26th May.

It feels like I stumbled upon a forest clearing in my journey, and that

temporarily I can rest and look back at the path I took,

so its a good time to put out this zine, So I chose this long holiday

(Pentecost) weekend,

I ditched my family, finished the weekend chores, put aside some records

and sat down to patch the written pieces and comics I created in the

course of the last 6 month into this issue of Tsemerigshi.

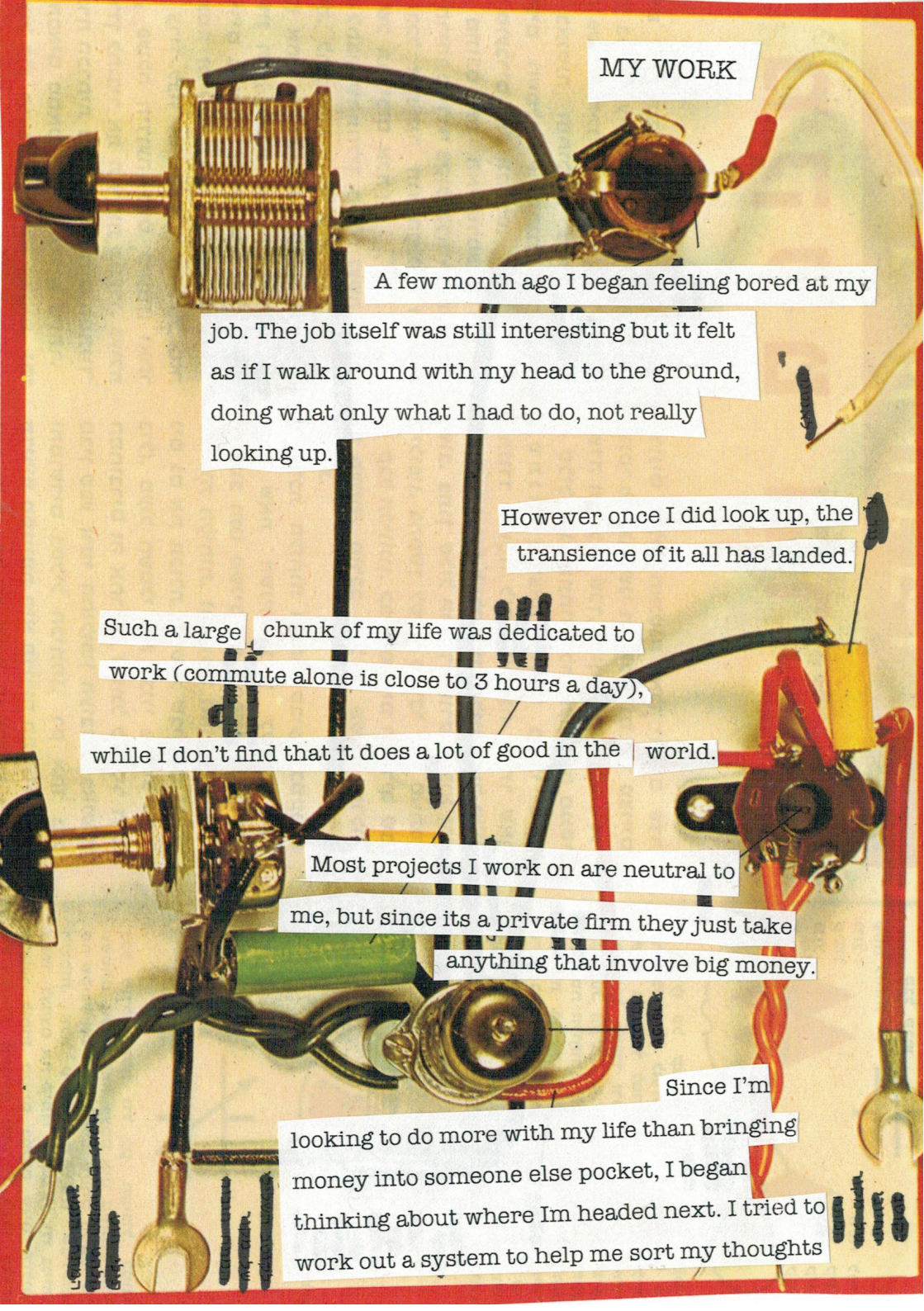
as always you will find some questions I would

like to ask about YOUR life at the end of some

sections under the category write2ronel

your welcome to send your thoughts to me via email

(ronelalala[at]riseup[dot]net) or through awesome-regular-mail.



MY WORK

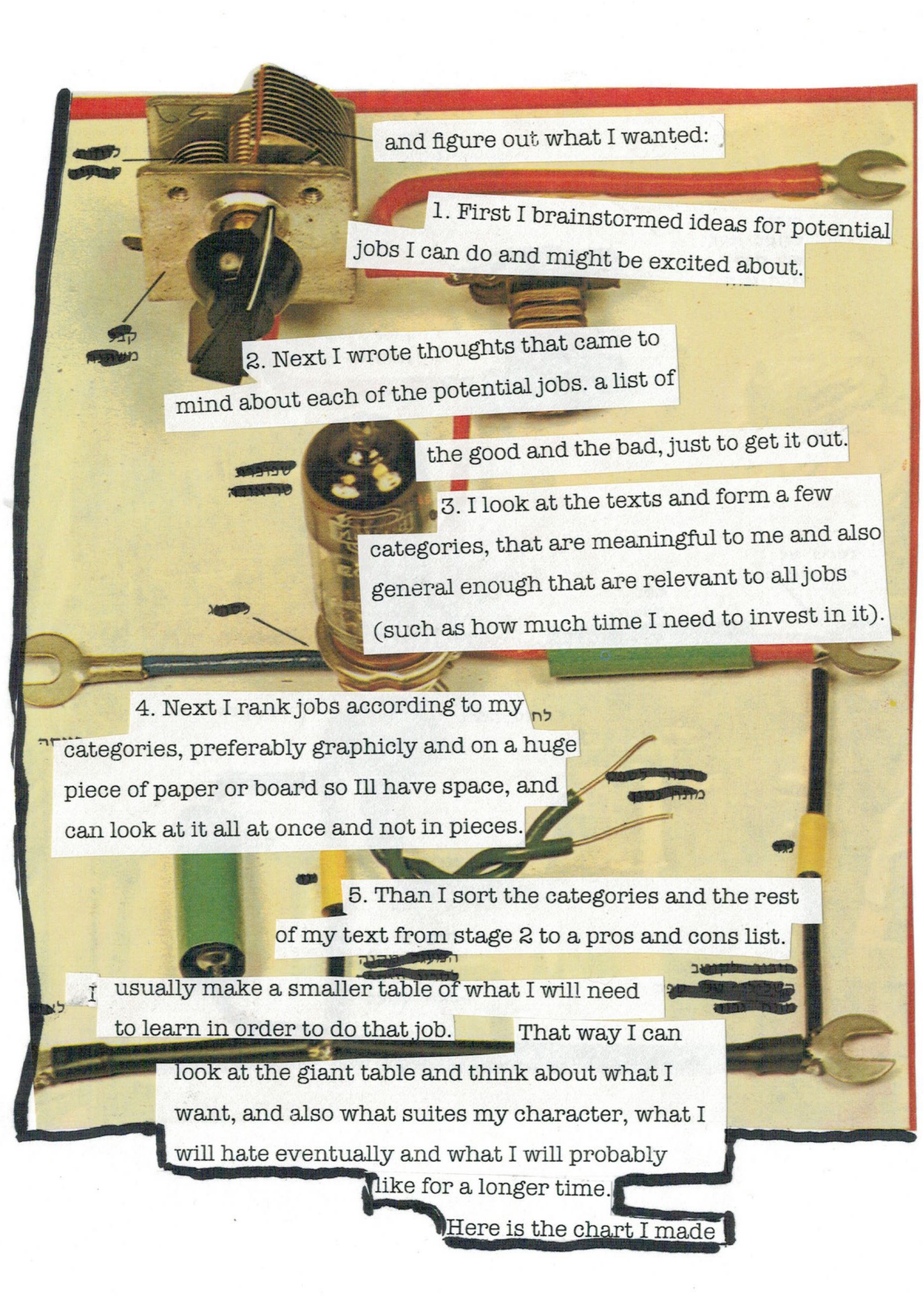
A few month ago I began feeling bored at my job. The job itself was still interesting but it felt as if I walk around with my head to the ground, doing what only what I had to do, not really looking up.

However once I did look up, the transience of it all has landed.

Such a large chunk of my life was dedicated to work (commute alone is close to 3 hours a day), while I don't find that it does a lot of good in the world.

Most projects I work on are neutral to me, but since its a private firm they just take anything that involve big money.

Since I'm looking to do more with my life than bringing money into someone else pocket, I began thinking about where Im headed next. I tried to work out a system to help me sort my thoughts



and figure out what I wanted:

1. First I brainstormed ideas for potential jobs I can do and might be excited about.

2. Next I wrote thoughts that came to mind about each of the potential jobs. a list of

the good and the bad, just to get it out.

3. I look at the texts and form a few categories, that are meaningful to me and also general enough that are relevant to all jobs (such as how much time I need to invest in it).

4. Next I rank jobs according to my categories, preferably graphically and on a huge piece of paper or board so I'll have space, and can look at it all at once and not in pieces.

5. Then I sort the categories and the rest of my text from stage 2 to a pros and cons list.

I usually make a smaller table of what I will need to learn in order to do that job.

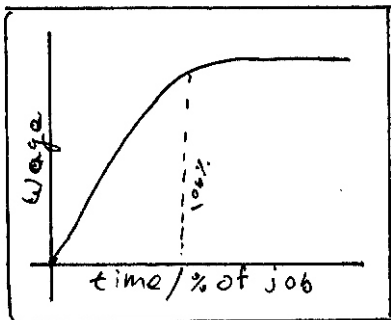
That way I can look at the giant table and think about what I want, and also what suits my character, what I will hate eventually and what I will probably like for a longer time.

Here is the chart I made

TYPES OF JOB THAT ARE RELEVANT TO MY FIELD OF KNOWLEDGE & I MIGHT BE INTERESTED IN:

1 HIRED WORKER @ A PRIVATE FIRM (What I do now)

CRITERION	LOW	RANK	HIGH
Time investment	[Hatched bar from 0 to 100%]		
Productivity required	[Hatched bar from 0 to 100%]		
Meaningfulness	[Hatched bar from 0 to ~30%]		
Stability	[Hatched bar from 0 to 100%]		
Wage	7,000	[Hatched bar from 0 to ~40%]	15,000



What I get out of being there now:

- 1) I learn a lot about hydraulic eng. & urban planning.
- 2) I learn more statistical hydrology
- 3) I form relationships & meet people from the field (networking)
- 4) am able to put my name on big projects

5) I get enough peer review and have ~~enough~~ enough support to be able to make mistakes and learn from them.

Disadvantages of current job:

- 1) commute is crazy long
- 2) Since I don't have a car I'm less flexible with the hours
- 3) Some of the project I & the office are working on are not ones I agree with morally.

Pros of doing this job for the long run: both the job and the wage are stable

cons of working this job for the long run: Current job is very demanding time & productivity-wise; its very geared at getting more money for the bosses; its not flexible in location or % of job

2 ~~QUESTION~~ PUBLIC SERVICE - basin authority, national hydrologic service, sediment research center, ministry of agriculture

CRITERION	RANK	
	LOW	HIGH
time investment		
Productivity required		
meaningfulness		
Stability		
Wage		

Pros:

- 1) Focuses on the health and the preservation of the stream and the soil of the environment
- 2) Not driven by capitalism
- 3) Very stable
- 4) Flexible in location, since there are many basin authorities

Cons:

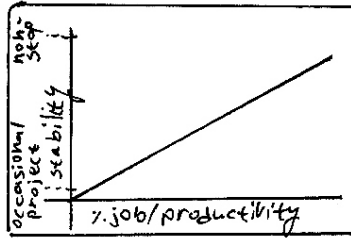
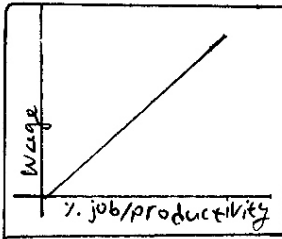
- 1) Low-Medium wage
- 2) After a while might become monotonous
- 3) Very hierarchical organizations
- 4) Work-hours are not flexible

What I lack to begin working in that sector:

- 1) Experience and self confidence
- 2) Relationships are not developed enough yet

3 Freelancer - taking work similar to no.1 only on my own

CRITERION	RANK	
	Low	HIGH
time investment	[Hatched bar with arrow pointing right]	
productivity required	[Hatched bar with arrow pointing right]	
meaningfulness	[Hatched bar with arrow pointing right]	
stability	[Hatched bar with arrow pointing right]	
wage	[Hatched bar with arrow pointing right]	



CONS:

1) will require an initial ~~adjustment~~ "adjustment - period" that will require a

lot of time and energy to get things started.

2) Requires taking care of all sides of the business incl. contact with clients

3) much more responsibility.

Pros (after adjustment period):

1) Flexible working hours & days

2) Flexible vacation time

3) Wage is proportional to the amount of work I take and my productivity

4) I can choose ethical project & reject un-ethical projects.

5) I can develop to a direction that is interesting to me.

6) No Bosses

what I lack to begin my own business:

1) experience & self confidence, I need complete independence in all kinds of projects, from beginning to end.

2) knowledge in programming

3) Familiarity with more hydraulic eng. as also more hydrologic models.

4) knowledge in business administration, accounting, finance,

5) stronger relationships w/ potential clients

6) prestige

4 NON-PROFIT/NGO - position at an existing one that deals w/urban planning or start my own thing

CRITERION	RANK	
	Low	HIGH
time investment	[shaded bar from Low to High]	
productivity required	[shaded bar from Low to High]	
meaningfulness	[shaded bar from Low to High]	
stability	[shaded bar from Low to approx. 1/3]	[unshaded bar from approx. 1/3 to High]
wage	[shaded bar from Low to approx. 1/3]	[unshaded bar from approx. 1/3 to High]

Pros:

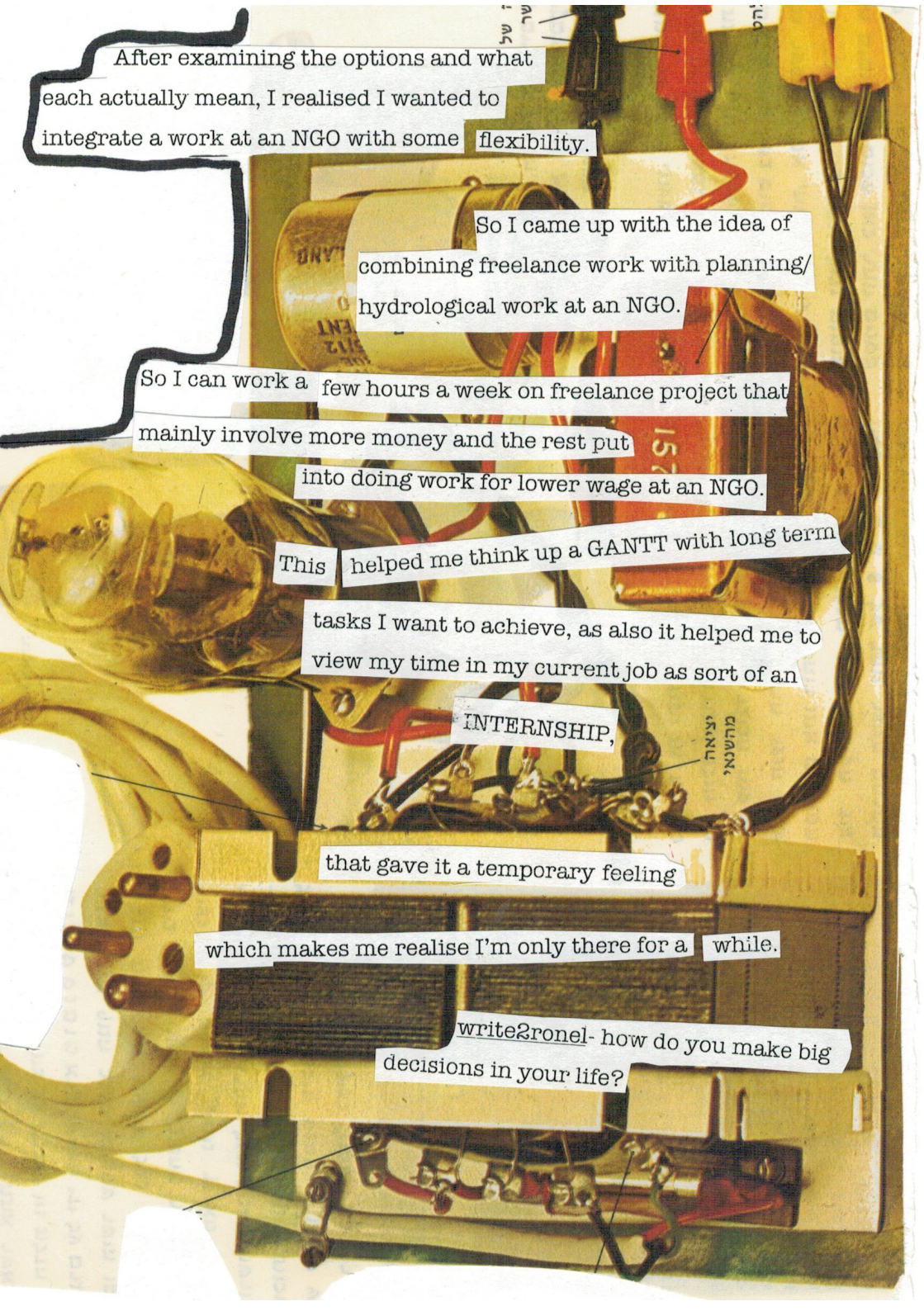
- 1) I don't need to make any ethical compromises, since all project will be beneficial
- 2) this sort of work is very meaningful
- 3) politically-like minded people ; 4) theres plenty of directions for me to develop in.

Cons:

- 1) Low wage
- 2) very ~~un~~consuming-time wise
- 3) every few years I will need to find new projects/funding
- 4) After workin in an NGO it will be hard to go back & also find a position in a non political place, since its a small field and nobody will take me as also personally, it will feel unbearable, so there no turning back

what I lack to start working in an ngo:

- to start working @ an existing ngo:
- 1) experience and self reliance in hydrology and hydraulic eng.
 - 2) ~~the~~ ~~contacts~~ ~~in~~ contacts in the alternative planning world
 - 3) a good, well thought of, homogenic plan of what I want to do
- to start my own ngo:
- 1) experience, self reliance and self cont; ^{ence}
 - 2) the right connections;
 - 3) a good plan
 - 4) fund raising;
 - 5) Accounting, ~~etc.~~ business adm. etc.



After examining the options and what each actually mean, I realised I wanted to integrate a work at an NGO with some flexibility.

So I came up with the idea of combining freelance work with planning/hydrological work at an NGO.

So I can work a few hours a week on freelance project that mainly involve more money and the rest put into doing work for lower wage at an NGO.

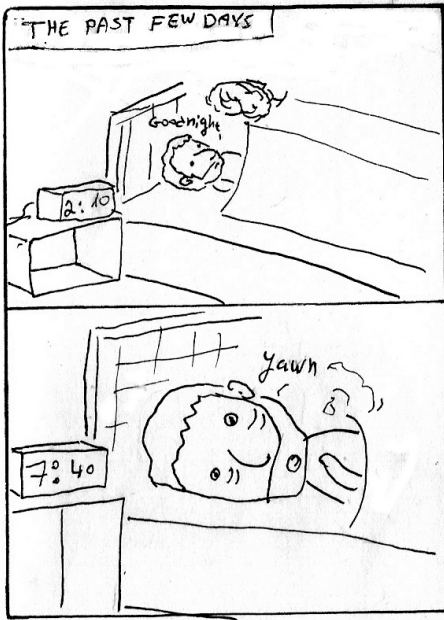
This helped me think up a GANTT with long term tasks I want to achieve, as also it helped me to view my time in my current job as sort of an

INTERNSHIP,

that gave it a temporary feeling

which makes me realise I'm only there for a while.

write2ronel- how do you make big decisions in your life?



HAD A BIG PROJECT TO FINISH THIS



SO GOT CARRIED AWAY TO WORKING TOO MUCH

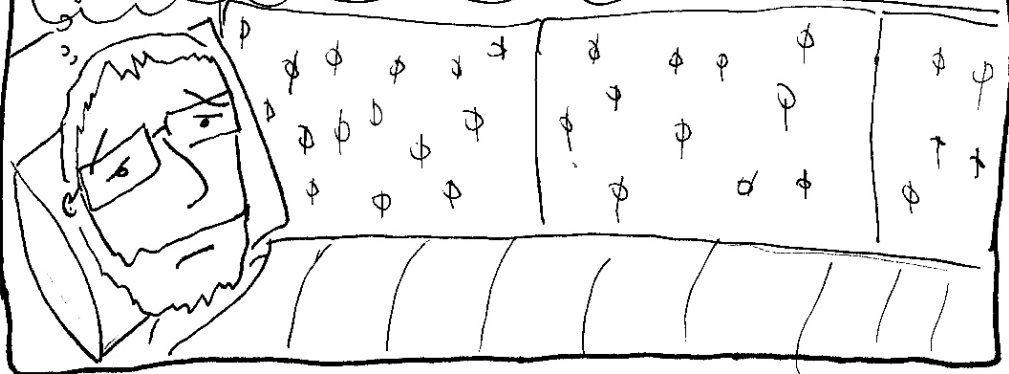
IT'S SO LATE

23:00



WHEN I WAS DONE I DIDNT FEEL A VICTORY, JUST FELT DRAINED

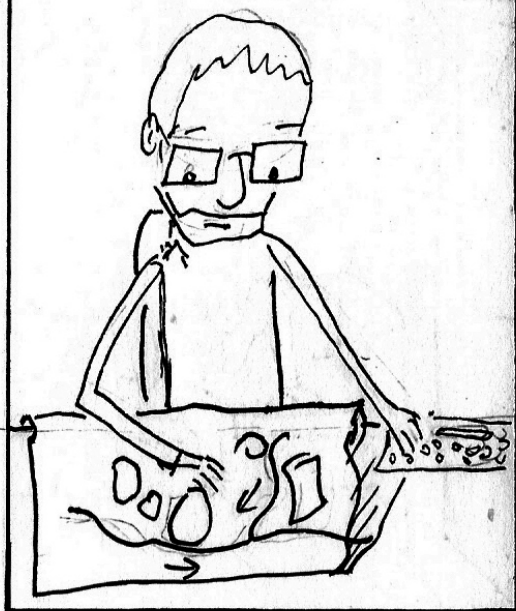
Why did I do this to myself? Why did I put so much of my free time into this project? its not like I get paid extra, or precentage. and its not like finishing faster will get me ~~more~~ vacation days, just more work. I feel like such an idiot for doing this. well never again



These days that go by so fast



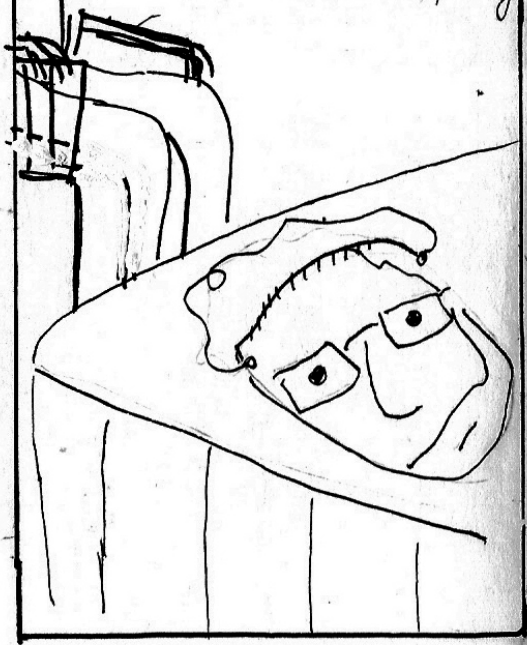
That theres no time to think or feel



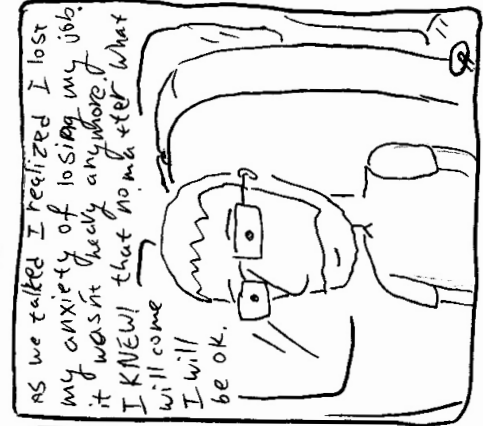
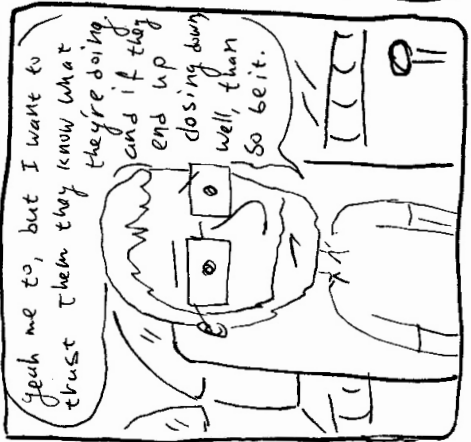
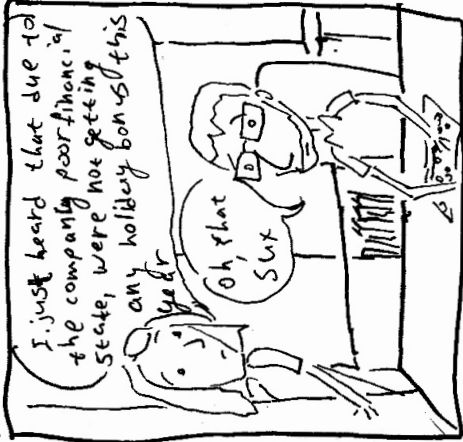
and when ^{you} finish all your chores your allways left with emptiness and sadness feeling like a wreck



that the relief is surprising



25/3/15



31/3/15



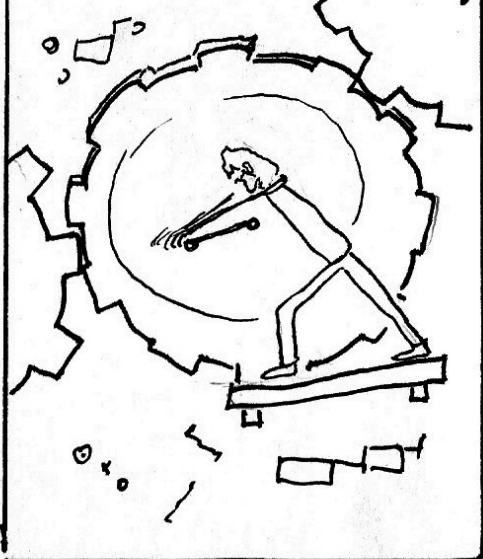
GOING BACK TO WORK AFTER A HOLIDAY



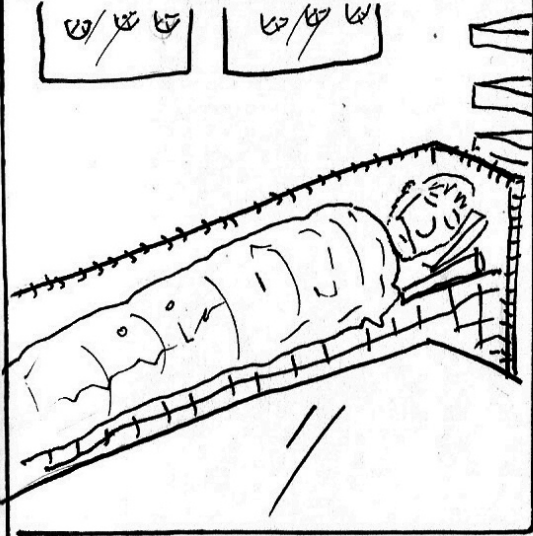
CAME HOME EARLY TO DAY



AFTER A FEW INTENSE DAYS



AND TOOK A NAP ON THE COACH
IN THE DWINDLING TWILIGHT



WHEN I AWOKE I FOUND I
LANDED BACK IN MY SKIN



Yael & SOMA

During the past few month Yael took major steps to finish up her MA thesis. Since only than can she apply for an internship in clinical psychology.

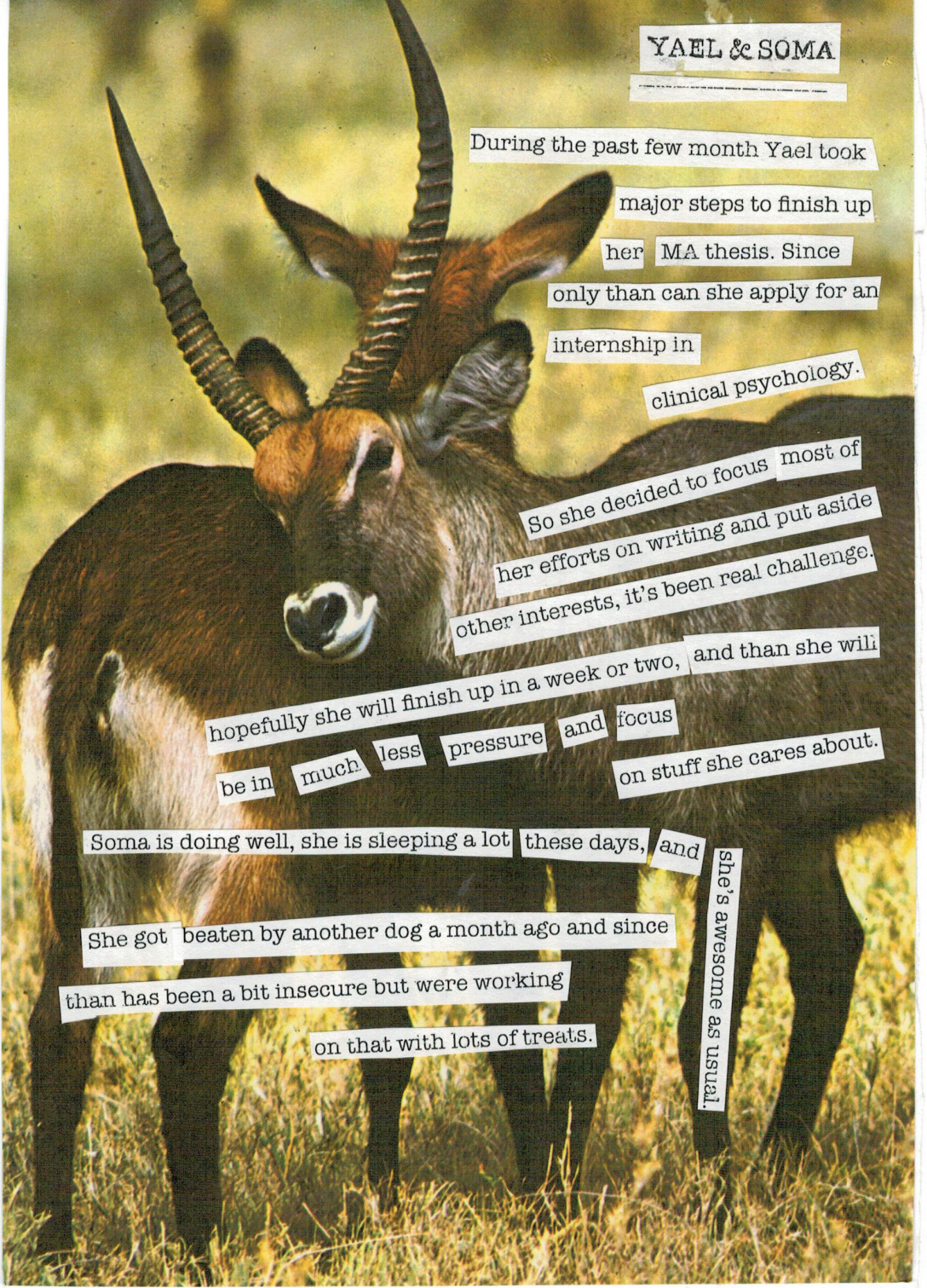
So she decided to focus most of her efforts on writing and put aside other interests, it's been real challenge.

hopefully she will finish up in a week or two, and than she will be in much less pressure and focus on stuff she cares about.

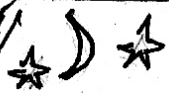
Soma is doing well, she is sleeping a lot these days, and

She got beaten by another dog a month ago and since than has been a bit insecure but were working on that with lots of treats.

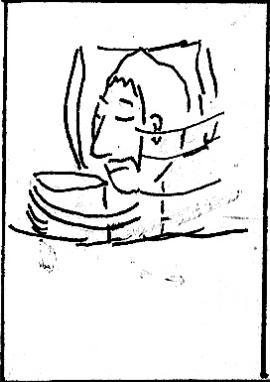
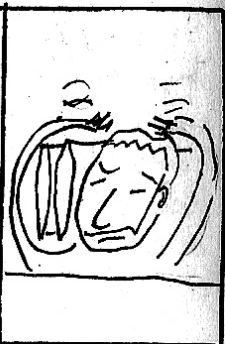
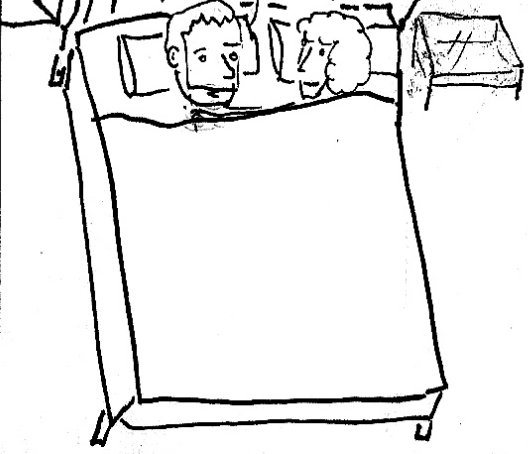
she's awesome as usual.



15/12/15



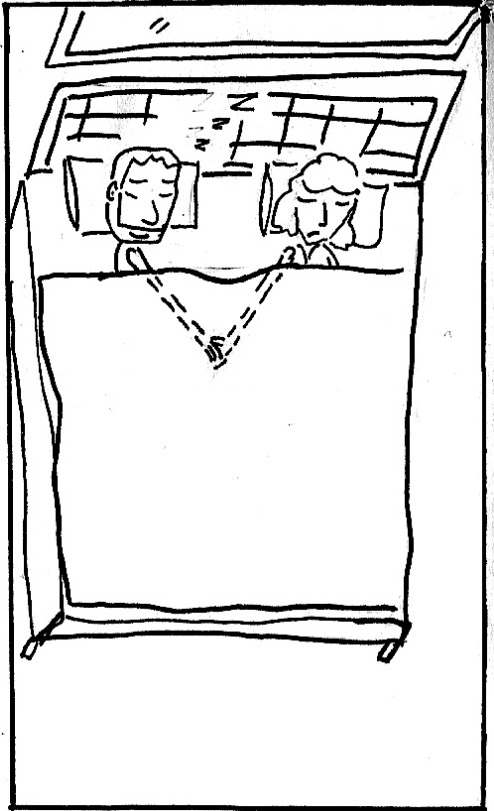
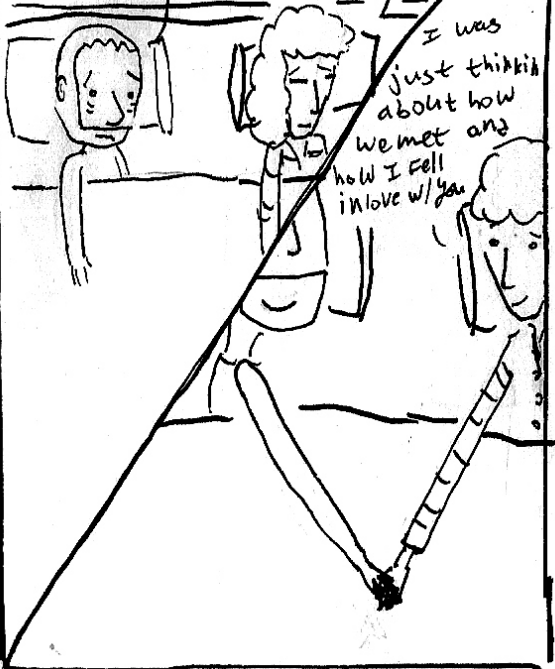
ok, its getting late,
goodnight goodnight

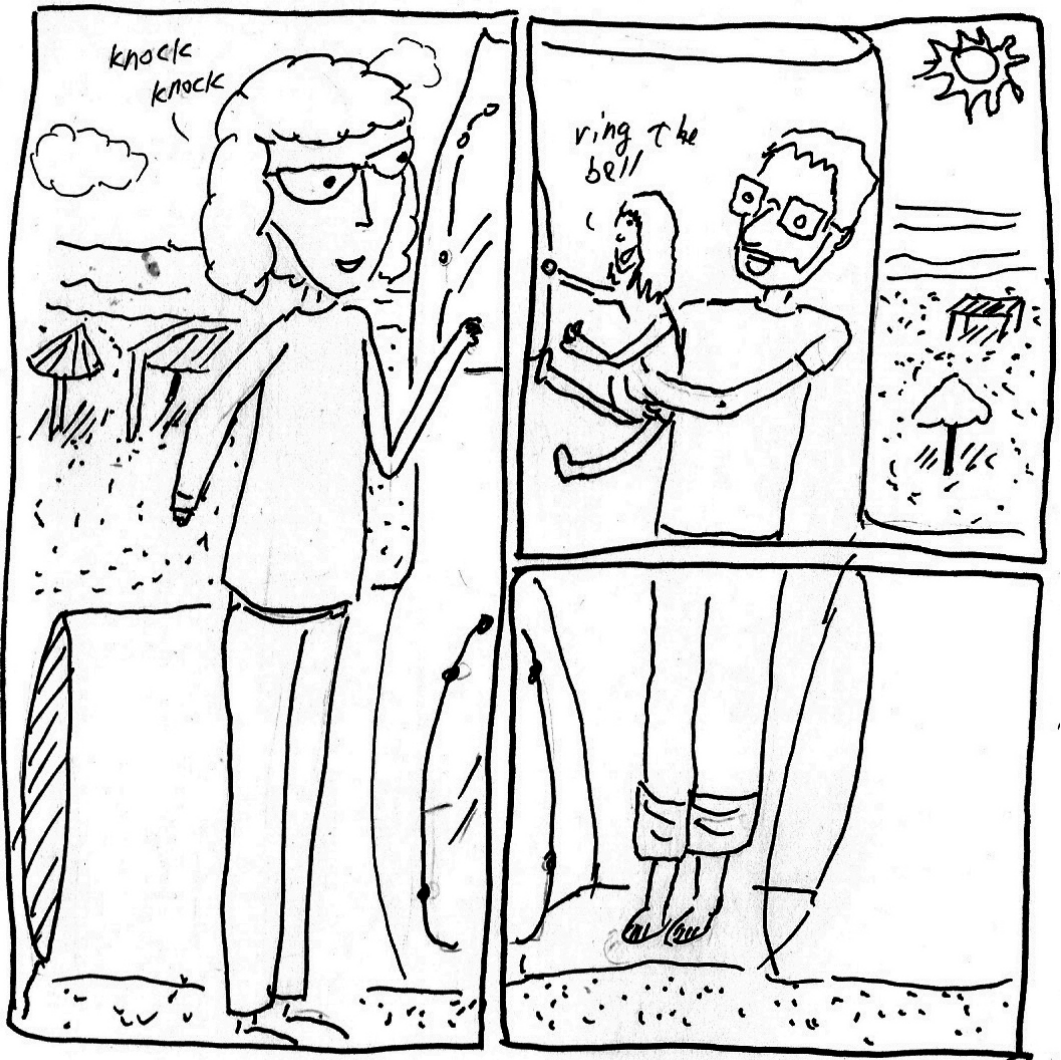


Yaeli, are you awake?
I can't sleep

me neither

I was
just thinkin
about how
we met and
how I fell
in love w/you





TODAY I ARRIVED HOME EARLY & FOUND



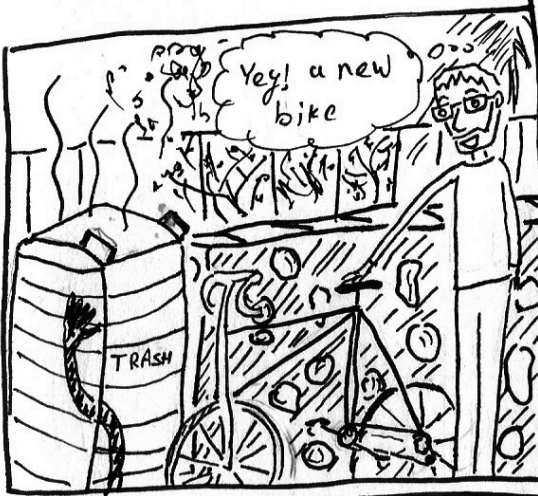
A SUNNY AFTERNOON WAITING FOR ME IN THE PORCH



WHICH MEANS THAT SUMMER DRAWS NEAR







THERAPY

About 5 month ago I realised I'm not doing that well these days. That I am going

through some kind of a depression and am not able to get the support I need. That I need something different than what I can get from

Yael and my friends, so I decided to give therapy a try. I wanted a safe space to recreate

people around me, often I'm trying but its limited,

I wanted to get subsidised clinical dept. (which work also My therapist's name is Yaffa and she is smart and thought provoking.

She listens a lot and talks just a bit.

I feel that therapy is like nothing else

I ever experienced.

situations in which I don't need to be careful on and in which the focus is totally on my issues. I feel that to get a "therapy session" from friends, many times it helps, and if taken too far its detrimental to the relationship. dynamic therapy, and so applied to the university with non- students) where interns are trained.

I learn so much about myself and I get to feel deeply and genuinely and to just get I feel that a deep need in me is being met, and that it makes my relationships go much smoother since I'm not in constant craving.

I used to think that the only sort of therapeutic relationship I wanted is mutual-therapy, such as RC co-counseling (peer counselling), since its non hierarchical and more loose in structure. I now realise that I have much to gain from being the sole focus of the relationship and from having a steady structure, and even from hierarchy- to put myself in someone else's hands and trust that they know what they're doing.

write2ronel- have you ever tried therapy? what sort? did you come with an aim? if so did it help you work on it?

the space I need.

2012/15 A while ago after descending into a low point in my life, I decided to apply for subsidized therapy.

we've been talking about me starting therapy for a long while & I think its a good time

I agree



since then its been almost 3 months. I got worse and then better

Whats taking them so long?

yeah its really unfair

maybe they just dont want me

I'm sure its not that and that they will soon call



But then it finally happened and they called to set up a time

so lets set up on thursdays @ 17:00 is that good?

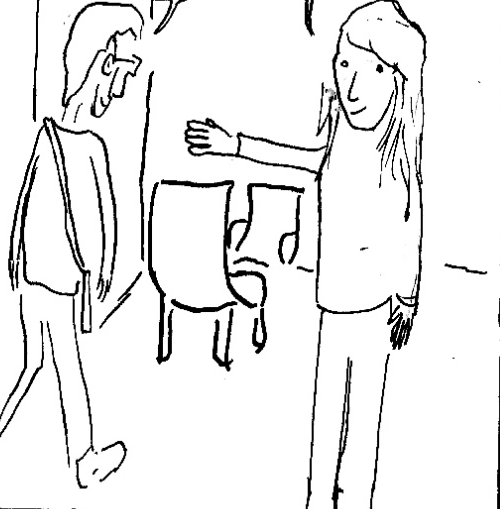
Its perfect! thanks so much



And then yesterday I had my first session

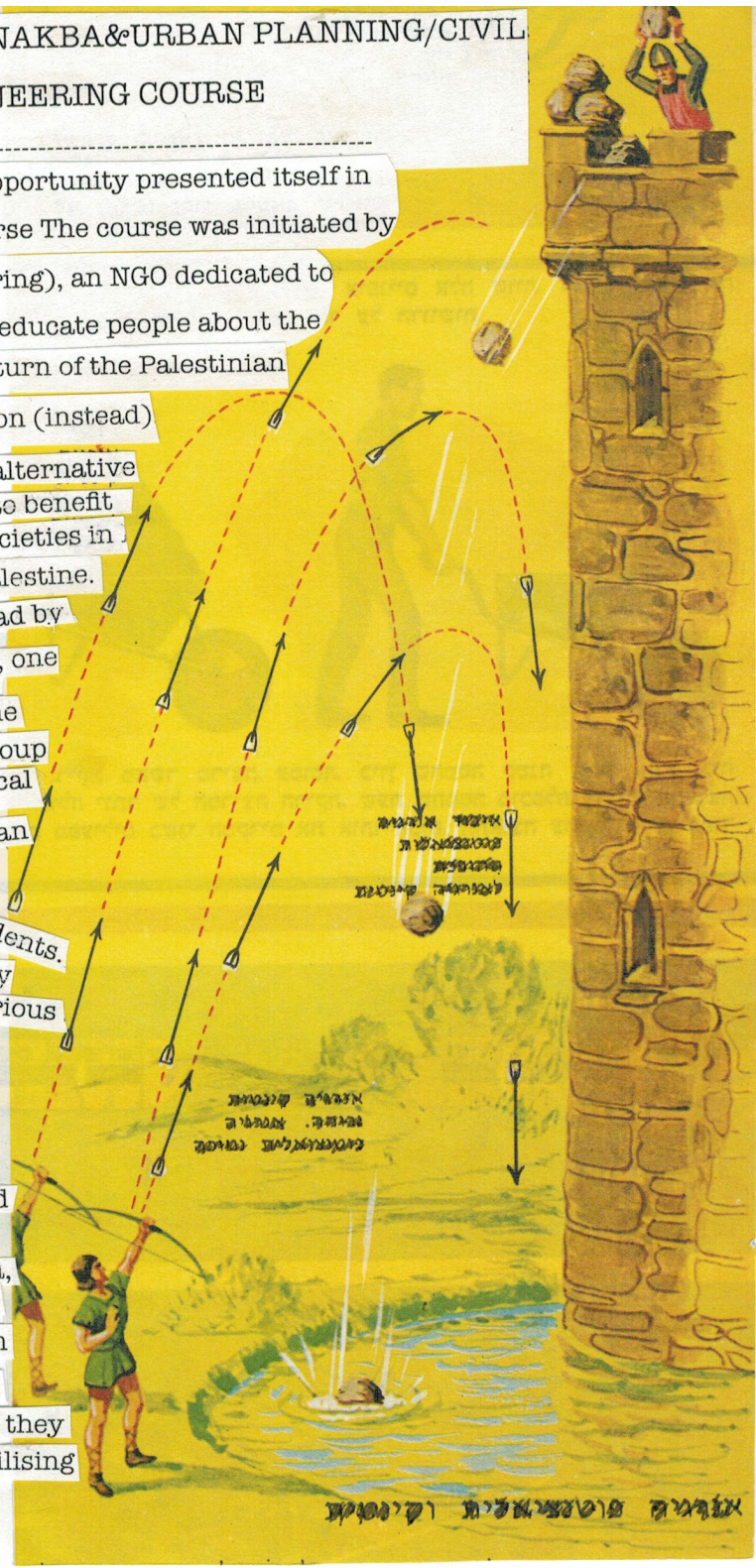
hi come on in

thanks



NAKBA & URBAN PLANNING / CIVIL ENGINEERING COURSE

Than an opportunity presented itself in the form of a course The course was initiated by Zochrot (remembering), an NGO dedicated to commemorate and educate people about the Nakba and the return of the Palestinian refugees, and Bimkon (instead) an NGO that does alternative counter-planning to benefit oppressed societies in Israel/Palestine. The course was lead by two amazing women, one an educator and the other a planner. the group was composed of political folk who work as urban planners and civil engineers and students. The course had many invited talks on various subjects and some discussions. It started with an exploration of the historic role that urban planners and civil engineers played in the Nakba, in the disownment of Palestinians from they'r homes and lands, and the role they take today in stabilising this situation.



מרכז תוכנית הנאקה והתוכנית העירונית

It was only then I realised how much I don't know, It was amazing and so saddening. I've been involved in anti-occupation struggles for the past 8 years, but only during the course did I realise how much this support was based on intuition, strengthening my knowledge base gave a more concrete backing to this intuition. At first learning this discouraged me, I felt that folks like me who work on infrastructures have less to offer in the form of resistance than folks in urban planning. I was the only one in the group and I felt isolated. But then we had a long discussion during which I realised that this discouragement is something we all feel, its just hard to feel that there's so much going on and so little we can do. I guess its just part of our internalised oppression as a resistance group, It was a hopeful realisation, and made me think about how much we as a group can achieve. The next few meetings revolved around current struggles and ways of resistance that we as planners can

apply, which was really inspiring.

During that time I started helping a bit with some projects in Bimkon to stop the eviction of beduian clan from they're lands,

Once the course ended we started working on a a planning program for the return of the refugees as an activist tool. Im really excited about that.

I feel I went through a transition during the course, which made

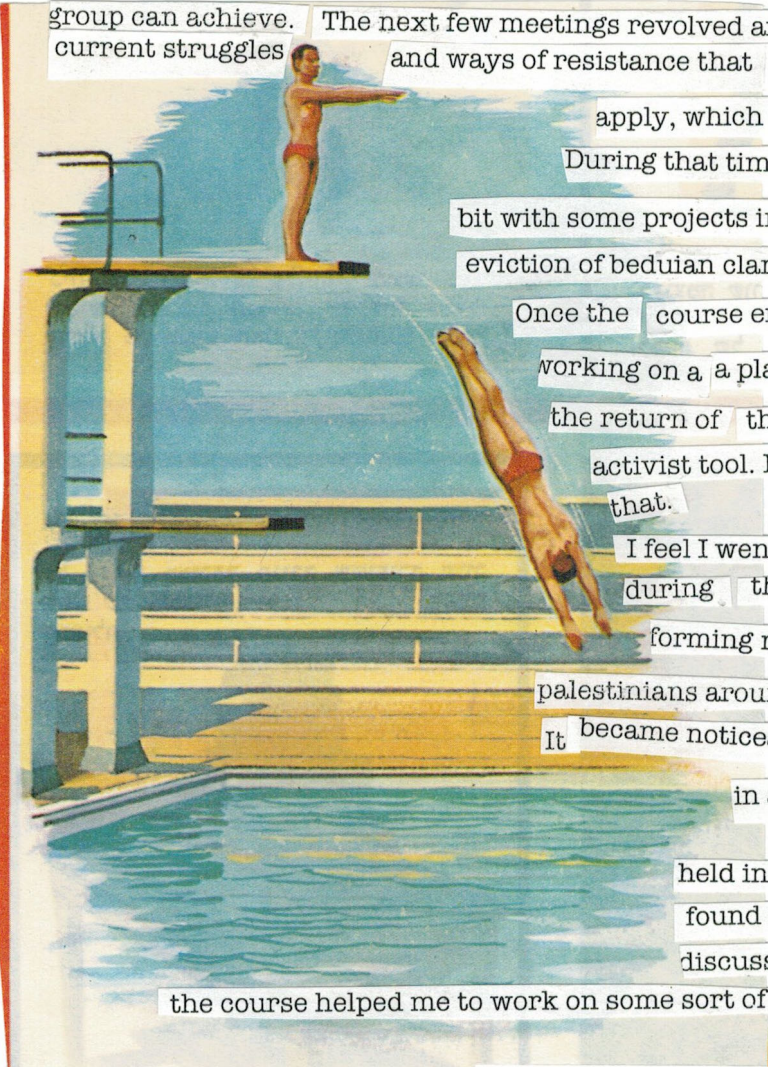
forming relationships with palestinians around me much easier.

It became noticeable a few weeks ago

in an arabic

animal rights demo held in Nazareth, where I found myself in interesting discussions. I guess

the course helped me to work on some sort of racism I had.



5-MAR-15

ABOUT 2 MONTH AGO I STARTED A COURSE WHICH DEALS WITH HUMAN RIGHTS ISSUES HERE (MINORITIES IN IL/P, THE NAKBA, EAST-JERUSALEM ETC) AND URBAN PLANNING



ANYWAYS SOME OF THE MEETINGS WERE TRULY HEART BREAKING. OFTEN I FOUND MYSELF THINKING



AUDIOFAIL

