

INTRO

Summer is over and autumn is upon us. Yael went to Tel Aviv for the weekend, and I stayed home to have a zine retreat. A 24 hour zine challenge.

I will dig in the digital and physical drawers and whatever

feels right will go in.

Its a strange time for zine-writing since I feel an

inner change brewing.

but its been about 6 month since I published the

last issue of tsemerigshi.

and I want you to know whats going on in my

life,

and how I got there.

I scattered some questions along this zine under the subtitle-

write2Ronel.

you can write me your answers or just let them sit in your

mind.

If you want to write me you can write to:

Ronel Tal-Barzilai.

20 Shoshanat Ha Carmel St.

Dira 8

Haifa 3431213

ISRAEL

or just email me to ronelalala@riseup.net.

write2Ronel: Whats going on in your life

in the past few month, how did

you get to where you are?

CH.CH.CH.CH CHANGES

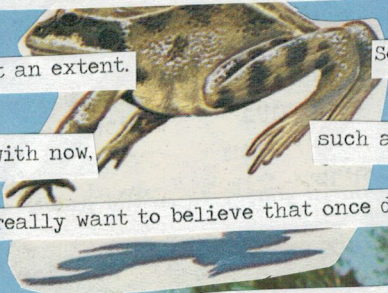


I recently reprinted some old zines, and browsing through them what

really stood out is how I tend to make these absolute statements about

how things have changed and got so much better. While in hindsight they havent

changed to that an extent. Some of the problems I dealt with than,



Im still dealing with now, such as abandonment issues and insecurities.

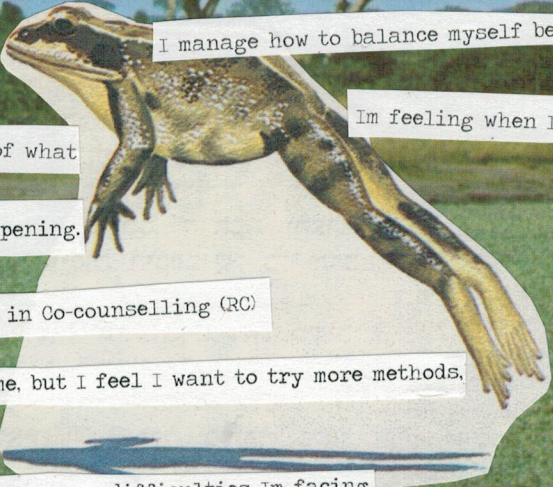
Thing is, that I really want to believe that once done with one tough situation it will never reoccur,

but realistically I often recreate the same situations. Having said

that, I feel that nowadays I manage how to balance myself better, to calm

myself and know that part of what Im feeling when Im distressed

is not what's actually happening.



Im still participating in Co-counselling (CC)

and its helping me, but I feel I want to try more methods,

and that it might help me overcome difficulties Im facing,

So Im starting therapy

So far I had an intake meeting, and I feel very excited about it.



Yael and I

Yael and I have decided that our families should finally meet.

We both come from

very complicated families,

so its a challenge.

Since were not gonna get married,

we will have an event and were just gonna declare our relationship.

At first my family's reaction was hard for me,

but now I just

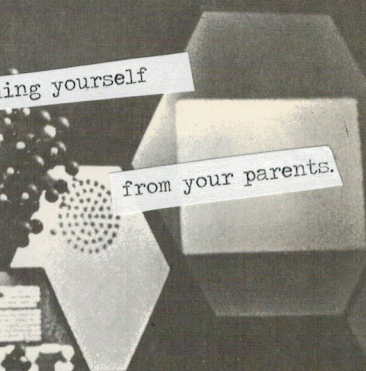
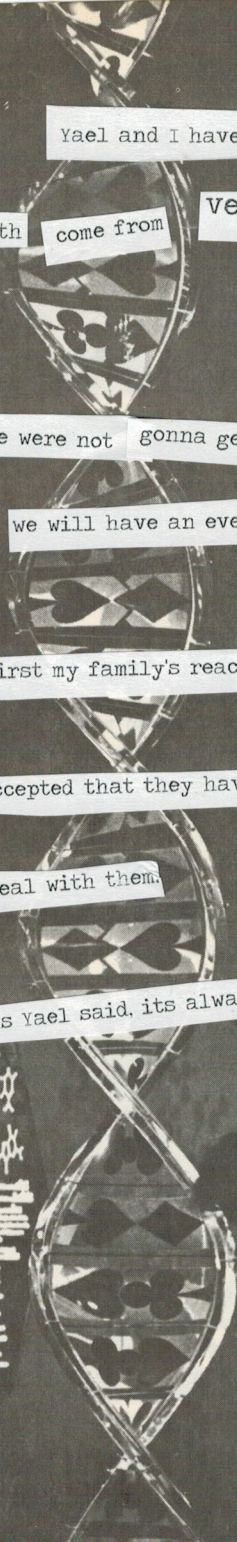
accepted that they have theyre issues and

they will have to come and

deal with them.

As Yael said, its always an issue to detaching yourself

from your parents.



Im working such long hours recently.

Its crazy, Im really overloaded with work.

As you know I work as a hydrologist at a private firm. I started out mainly in writing reports but my work has become so much more interesting.

I feel like I learn so much stuff. There isnt a week that goes by that I dont learn something new in.

I love working with a crew that is so dedicated to teaching each other and being open to new methods and ideas.

I feel I got closer to some of them and thats amazing to me, it makes coming to work much more interesting and fun.

I feel I can be myself more often and that I am understood.

But on the other hand I work too much these days.


Its the end of the year so it is a known time for work overload but it runs me down.

I need to get better at setting limits .at work

write2rone1

how do you feel about work these days? How do you

balance between work and other stuff?



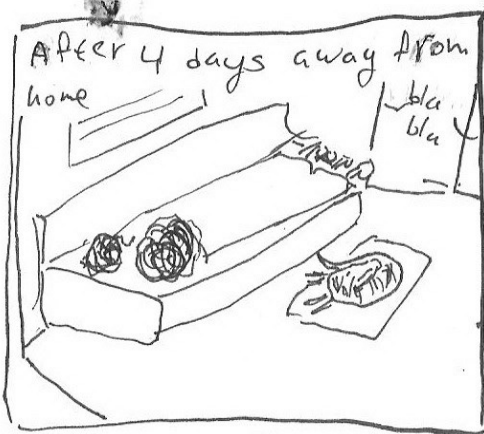
I am there are some comics depicting my day today, so you can imagine what my life looks like through the ups & downs



9 MAR 14

Sunday

I have this weird disposition in which, I think/Realize people become more conformist and lose a lot of their magic as they grow older. In fact one of my worst fears is to become that...

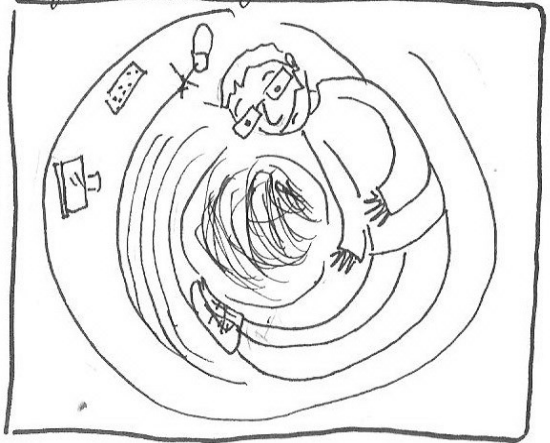


16 March



Last week went by so fast like a haze.

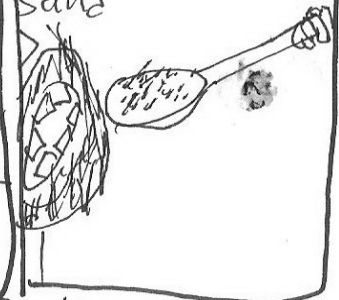
everything was turbulent my mind, my concentration



I was swept away yet felt so grounded & uncreative I could do nothing but function



Lack of Rest, lack of time MAKE MY MOUTH TASTE LIKE SAND



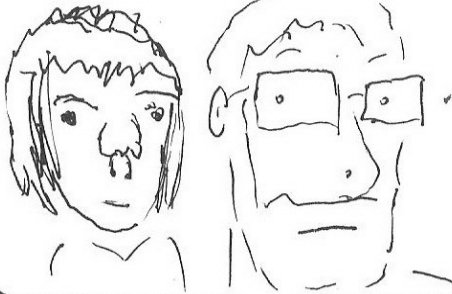
when I was in kindergarden we would hold sand eating contests, for real. sand has no flavour at all, and I would choke with the first handful. I don't think I ever won.

27 Mar 14

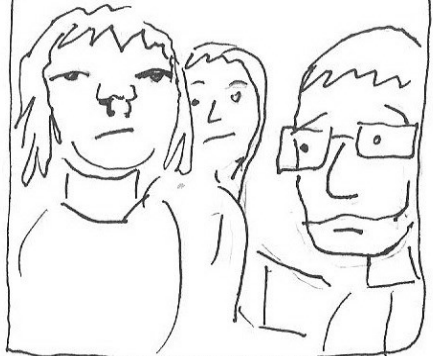
Loop
Loop



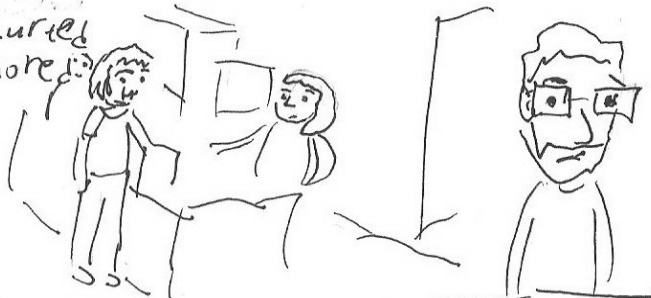
I was standing in line at the local supermarket, when I noticed that one of the girls I was teaching at school was behind me in line, w/ her mom.



I tried to catch her attention, to say hi, but was ignored.



At school she was one of my favourite students, even though I know 14 can be such a weird awkward age, filled with embarrassment and social pressure, it still hurts to be ignored like that.



7 Jun 14 Saturday

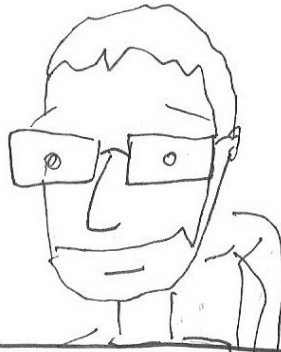
A FEW DAYS AGO I RECEIVED AN EMAIL FROM A FRIEND ~~WHICH~~ OUR CONNECTION HAS BEEN BROKEN A LONG TIME AGO



IT MADE ME HAPPY, BUT IT TOOK ME A FEW DAYS TO DECIDE WHAT I WANT TO SAY AND TO GATHER THE STRENGTH TO SAY THAT



WHEN I DID, IT MADE FEEL SO GOOD THAT I USED THE INERTION TO WRITE TO OTHER FRIENDS WITH WHICH THE FRIENDSHIP HAS HIT A ROCK.



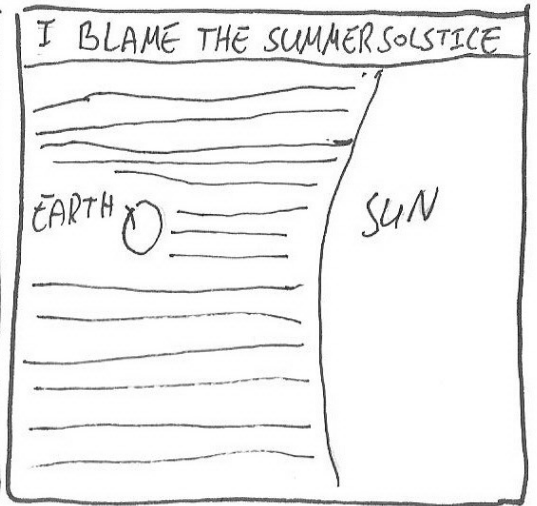
20 JUNE 14



23/JUNE 14



22 June, 14



5 AUG 14

you can tell the war is over when
one side can ~~identify~~ empathize
with the other
side's suffering.



#war #Falafel

080814



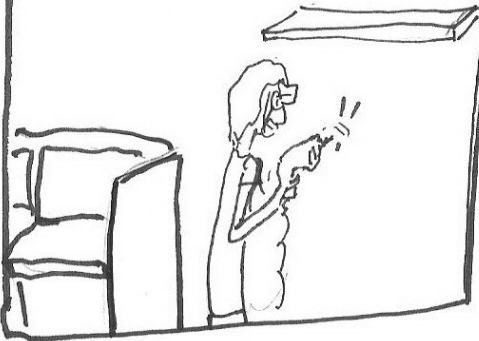
#Pickles #Mango

90814

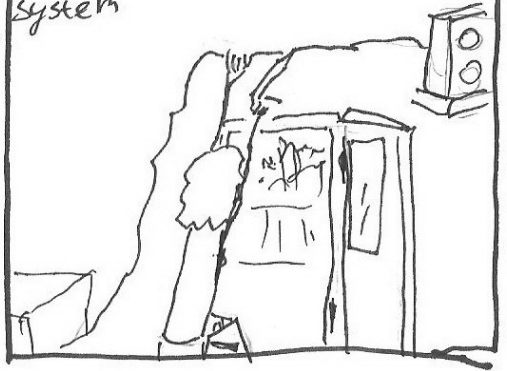
The cease-fire is over,
we woke up this morning
to this reality again.
When theres war its
harder for me to get
out of bed and it seems
as if I walk around
with weights ~~on my~~
tied to my bobby and
cotton balls in my head



Later we installed some
shelves



and rewired the stereo
system



#home_improvement #War

100814



#Capitalism #instability #unemployment

THURSDAY 21, AUG, 14

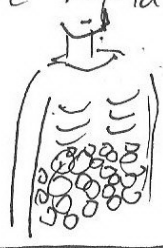


24/8/14

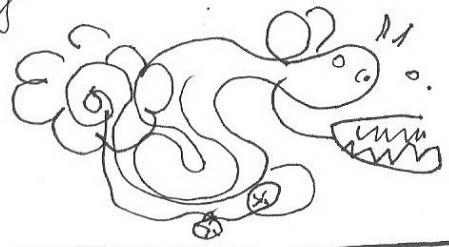
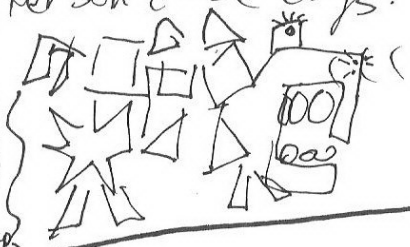
Its summer and sunny, and for the first time I feel comfortable, when its hot I usually cant sleep well, but not this year I dont even mind being sweaty.



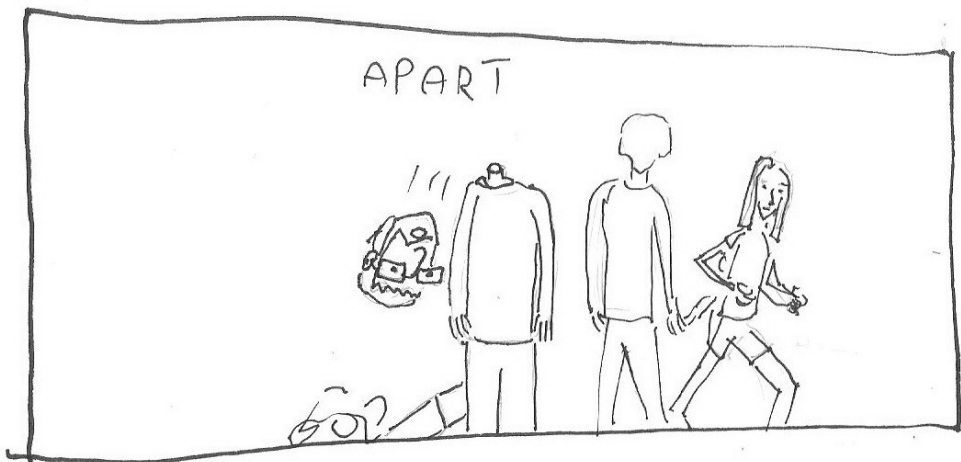
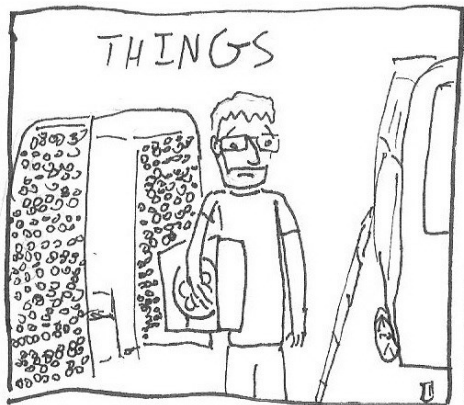
And still I walk around w/ this feeling which is both heavy and empty. as if my heart was ~~gone~~ inside where replaced by rocks



this hollow feeling, and the feeling of being old. and these thoughts about friendships, and just being uninspired in general. I dont even know what happened it just feels like I'm turned off and cant find the switch. I feel boring. like I'm such a boring person these days.

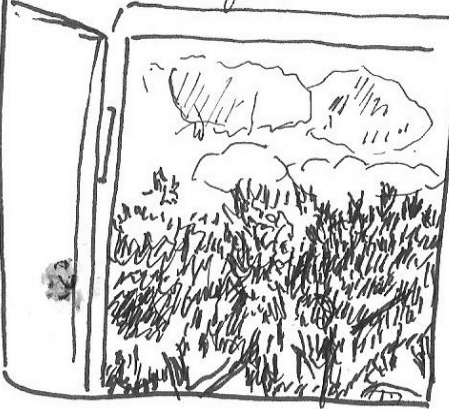


25/8/14



26/8/14 - TUESDAY

I grieve for the twilight, the end of the day.



for all the Se moment, all this beauty just un-noticed for that existed and then gone



for being too preoccupied and stressed from work



to look up and see the sky.

27/10/14



28 NOV 14



NEW YEARS RESOLUTIONS:

hey!, don't forget
to turn off the
light when you
leave k?

- ① To Gather the courage to be more honest and open regarding my needs in ~~the~~ relationships, especially with my family and friends
- ② To learn to balance better between my different focuses in life, and specifically my job w/ the rest of my life.
- ③ To secure therapy
- ④ To find more ways to be fully alive and invested in things other than work even though I work a full time job!

